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Seeking volunteers for bilingual peer support

OUR MISSION

We are a volunteer community of individuals affected by cancer dedicated to assisting people diagnosed with cancer and their caregivers so that no one goes through cancer alone.

Our services include our helpline, a variety of support groups, one-on-one support, referrals, education, information and training. We also recognize supporters in the community at our Hope and Healing Honors events.

The CSN Newsletter is a quarterly publication of Cancer Support Now, Inc.

PO Box 377338

Albuquerque NM, 87176

www.cancersupportnow.org

info@cancersupportnow.org

www.facebook.com/cancersupportnow

For Support and information

Call our Helpline at

505 255 0405 or toll free 855 955 3500

ALL CSN Support Services are free

CSN BOARD OF DIRECTORS

Anjie Cureton, President
Pamela Engel, Vice President
Lindy Ruggiero, Treasurer
Carmelita Agodon
Russell Janis
Audrey Simplicio
Colleen Sullivan-Moore
Debbie Weissman
Patricia Varga

ADVISORY COMMITTEE

Tricia Monaghan, JD, *Legal Advisor*
Eleanor Schick, *Helpline*
Patricia Torn, *Facilitator Training/Workshops*
Cancer Thriving and Surviving

CANCER SUPPORT NOW IS SEEKING VOLUNTEERS

Available opportunities include:

- Representing Cancer Support Now at a community health fair
- Providing peer support for a person newly diagnosed with cancer and/or for a caregiver of a loved one with cancer
- Assisting with marketing tasks (distributing flyers and newsletters to health clinics, senior centers, and other sites)
- Assisting with the annual Living With & Beyond Cancer Conference

Thank You!

Thank you!

Are you a cancer survivor or do you love and care for someone who is a cancer survivor?

Have you called our Helpline to get support and resources?

Are you a support group member or facilitator?

Have you attended a Cancer Support Now conference?

We offer our Helpline, support groups, and conference free to everyone. But we can only continue to do this thanks to donations from those who value our services.

Any amount helps! Please donate today!

If you would prefer to donate your time, we are always seeking new board members and volunteers.

Please contact the Helpline if you are interested.

In the words of cancer survivors and family caregivers who have utilized our services:

Thank you for always being there when I need to talk.

. . . Caregiver grieving loss of brother to lung cancer

You've helped me more than you know.

. . . Breast cancer survivor

Your words tread softly on my heart. No one has ever spoken to me with respect and validation as you do.

. . . Colon cancer survivor



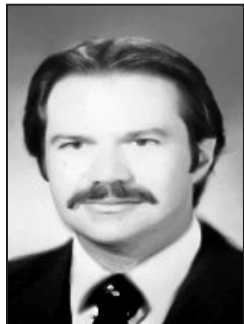
THERE ARE TWO WAYS
TO LIVE YOUR LIFE.

ONE IS AS THOUGH
NOTHING IS A MIRACLE

THE OTHER IS AS THOUGH
EVERYTHING IS A MIRACLE.

Albert Einstein





Durkin Julian Manning

Durkin Julian Manning passed away on May 10, 2022, peacefully surrounded by family and friends in his home in Veguita, New Mexico, at the age of 78 after a long battle with several ailments with the heart and lungs. Durkin came to the Rio Grande Valley in the early 60s and fell in love with the Southwest. He was born in Staten Island, New York to Julian Franklin Manning and Leonora Beverly Durkin. He attended all Catholic schools from elementary school through collage, Notre Dame University, and finished at Georgetown Law school in Washington DC with a law degree. Durkin was an active member of the New Mexico Bar Association since 1978 and held many positions on the Navajo Reservation as an educator and as an attorney to several

Native American tribes throughout his career. The family extends their appreciation to the Belen Hospice team.

Services for Durkin took place at the San Jose Catholic Church on May 12, 2022.

In the words of his fellow group members:

“When I think of Durkin Manning I immediately remember his consummate love for Univ. of Notre Dame football. I also conjure up a vision of him in his much younger days (long before I knew him) riding his motorcycle relentlessly throughout the western U.S. Durk was truly one of a kind.”

“I found Durk to be a bit of a tough nut to crack. But I also got to experience his soft heart, his fierce loyalty, and his impressive intelligence. And for that I'm grateful.”



Kathryn Fuller – July 21, 1948 – May 2, 2022

Growing up in a rural portion of northern San Diego County, Kathryn was always drawn to the beauty and energy of nature. She studied metaphysics and divination with various teachers in the '70s and '80s and became an accomplished card reader and numerologist. In the late 80s she embraced the teachings of Wicca and would follow that spiritual path for the remainder of her life.

Her commitment to service to the Wiccan/Pagan community was reflected in her participation in various projects like the Veteran Pentacle Quest. In 2006, while serving as former First Officer (President), Kathryn encouraged Covenant of the Goddess to join forces with Circle

Sanctuary and other pagan organizations to bring about the approval of the pentacle as an approved symbol for inclusion on headstones at Arlington National Cemetery. She was instrumental in getting others involved in the Pentacle Quest, especially veterans. Fuller was among those who were present at Arlington for the dedication of the first Veteran gravestone to bear a pentacle on July 4, 2007.

In 2014, Kathryn was one of the first eight people to receive the Award of Honor which Covenant of the Goddess defines as being “for outstanding service to the greater Pagan and Heathen communities in areas such as religious rights, international peace, environmental protection, interfaith leadership and education, the creation of lasting institutions, and the promotion of social justice and civil rights.”

Throughout her years of local and national service, Kathryn was known for her kindness, grace, and wisdom. She was an accomplished facilitator who conducted meetings with organization and efficiency. Not everyone loved her, but there were very few who did not respect her and even fewer who dared cross her. She was formidable, a strong leader, and a powerful ally.

She was diagnosed with pancreatic adenocarcinoma in July of 2020 and passed on the evening of May 2, 2022, surrounded by her husband and two close friends.



Elizabeth Rydman Harris – June 12, 1965 - March 28, 2022

Elizabeth Rydman Harris (June 12, 1965 - March 28, 2022), beloved wife of Ned Harris, dear friend to many.

Elizabeth's loved ones will forever remember her joie de vivre, her tart-tongued wit, her zany sense of humor, and her penchant for mischief. And we will remain forever grateful for the gifts of her friendship: her loyalty and honesty and complicity in silliness.

Elizabeth faced her intermittent health issues with courage and resilience. After her recovery from breast cancer, she continued to support and comfort a close coterie of Surviving Sisters. Clients of Elizabeth Harris Sewing were invariably wowed by her vision and her obsessive attention to the smallest detail, and all of Santa Fe was enchanted each year by her feats as official seamstress for Zozobra. That colossal client's bespoke wardrobe included the iconic red jacket inspired by Michael Jackson's "Thriller" and the legendary "Father Knows Best" cardigan. She adored teaching sewing and embroidery classes at Santa Fe Community College, and her students adored her back for her expertise and patience and her subtly funny, no-nonsense classroom manner.

A woman of sophisticated tastes, Elizabeth also had a deep appreciation for simple, earthy pleasures. She was an enthusiastic composter and a fearless brewer of kombucha who loved to experiment with wild flavor combinations. Apart from swing dancing with her darling Ned, few things made her happier than puttering in her garden or cuddling the current lucky dog. She is survived by her mother, Lily Rydman of Albuquerque.



"I've learned that people will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel."

— *Maya Angelou*

FREE CANCER SUPPORT NOW SERVICES • For Information, call our helpline: 505 255 0405

Due to the guidelines in place to prevent spread of the Coronavirus, **we are holding support groups only on web-based platforms at this time.** Please call our Helpline for support to anyone challenged by cancer.

The groups listed below designated with *** are meeting on Zoom or on another web-based meeting platform during this time. To join a group on Zoom, please call our Helpline and we will connect you with the group facilitator, who will send you an invitation to join the group. For all those who are unable to attend a group on a web-based platform, you may use any cell or landline phone to call in and participate in one of these groups by phone. For those groups not presently meeting on a web-based platform, facilitators are providing direct support by phone, as needed.

Please call our Helpline for direct and/or ongoing support for anyone, challenged by cancer: patient/survivor and/or loved one,

LGBTQ+ CANCER PEER SUPPORT Referrals:

Jeff Hurley and Deb Openden: Call our Helpline.

HOW TO BE YOUR OWN BEST ADVOCATE ***

Patients/Survivors and/or caregivers, all cancers. Learn to identify and eliminate barriers in finding both medical and non-medical resources; information & support during cancer diagnosis and treatment Second Tuesday, "Lunch and Learn," Noon-2:00 pm. *Colleen Sullivan Moore*

PANCREATIC CANCER SUPPORT GROUP ***

Patients/survivors of pancreatic cancer all stages, men & women. Second & fourth Thursdays, 3:30 - 5:00 pm. *Jim Pitcher & Lillie Ortiz*

PANCREATIC CANCER CAREGIVER SUPPORT GROUP ***

Caregivers to patients/survivors of pancreatic cancer, all stages, men & women. 1st & 3rd Thursdays, 4:30-6:00 p.m. *Jim Pitcher*

RIO RANCHO AREA BREAST CANCER SUPPORT GROUP***

First and third Tuesday, Noon - 1:30 pm. *Barbara Michael*

UNM/CSN Friends & Family Writing Together ***

Journaling Support Group for Grief or Anticipatory Grief. For caregivers of someone with any type of cancer. Every Thursday 4:00 - 5:30 p.m. *Eleanor Schick & Anjie Cureton*

PUEBLO OF ISLETA CANCER COMMUNITY SUPPORT ***

Second Tuesday, 10:30 am. - Noon, *Stephanie Barela*

WOMEN'S NORTH VALLEY GROUP ***

All cancers, all women, survivors and/or caregivers. Every other Thursday, 6:00 - 8:00 pm. *Geri Stayman*

OVARIAN CANCER PEER SUPPORT

All gynecological cancers. Call Pamela Engel at 505-314-4854 for one-to-one peer support

SANDIA CANCER SUPPORT GROUP ***

Survivors, all cancers, all stages, men and women, second Wednesday, noon-1:00pm. Sandia Base. *Christina Chavez*

SANTA FE WOMEN'S GROUP SURVIVING SISTERS ***

All diagnoses, all stages, all women. Second & fourth Tuesdays, 4:00- 5:30 pm. *Ms. Fred, Emily Haozous*

U27 (UNDER 27 YEARS OLD)

Peer Support, *Kimberley Craft*

UNM/CSN SURVIVORS WRITING TOGETHER ***

Journaling Support Group for survivors, men & women, all diagnoses. Every Monday, 2:30 - 4:00 pm. *Anjie Cureton & Eleanor Schick*

UNM/CSN ADVANCED CANCER SURVIVORS WRITING TOGETHER ***

Journaling Support Group for survivors of metastatic cancer, men & women, all diagnoses. Every Tuesday, 3:30 - 5:00 pm. *Anjie Cureton & Eleanor Schick*

UNM/CSN CANCER SUPPORT GROUP ***

Survivors and/or caregivers, all diagnoses, men & women. First & third Mondays, 4:30 - 5:30 pm. *Adele Frances & Anjie Cureton*

CREATE TO HEAL SUPPORT GROUP ***

Suspended until fall

Using Art, Music, Writing, Mediation to Explore the Journey of Cancer. Survivors and/or Caregivers, all diagnoses, men & women. Second & fourth Saturdays, 10:00 - 11:30 am. *Patricia Varga*

ONE-ON-ONE PEER CANCER SUPPORT OR PEER MATCHING

Survivor to Survivor and/or Caregiver to Caregiver

COMMUNITY CANCER NAVIGATION

Referrals to assistance for non-medical needs. For patients, survivors and/or their loved ones

RELAXATION SUPPORT SESSIONS

provided by phone during this time.

Learn Stress Management Techniques to Deal with Cancer. For Cancer Patients/survivors, and/or their caregivers. Offered by *Jean Stouffer*, Certified Hypnotherapist

TAOS CANCER SUPPORT ***

Survivors of all cancers, all stages, Men and Women. Meets every Tuesday, 5:00 to 6:30 pm. *Mary Short & Colby Sinescu*. Call Eileen Craig at Taos Cancer Support Office: 575-751-8927



FREE CANCER SUPPORT NOW SERVICES • For Information, call our helpline: 505 255 0405

COMMUNITY PARTNERS

Note: If you wish to participate in a group or access a service listed below, please call the number provided to see whether they have suspended meetings during this time, or are using a web-based platform to hold meetings, or are making other special provisions to prevent disease transmission.

PROSTATE CANCER SUPPORT ASSOCIATION OF NEW MEXICO (PCSANM)

First & third Saturday, 505-254-7784 or Toll Free: 800-278-7678

GCAP CIRCLES OF HOPE: THE GYNECOLOGICAL AWARENESS PROJECT ***

Support group for survivors of any gynecological cancer. Second Saturday, 10:00 - 11 :30 am. Contact Kat Adams at kat@thegap.org or call 505 610 9300. For upcoming schedule go to: <https://www.thegap.org/calendar.html>

HEAD, NECK & ESOPHAGEAL CANCER SUPPORT GROUP

Men & women, all stages. Second & 4th Mondays. 4:00-5:00 pm. Jess Quiring: 505 796 3513

CLIMB FOR TEENS AND KIDS

Learn how to talk with your child or teen about your cancer diagnosis. Kids and teens tour the center and talk directly with doctors about cancer. First grade through Senior in High School. Meets once a week for six weeks, 6:00-7:30 pm. For more information, call Jess Quiring: 505 796 3513

COMMUNITY GIFT CLOSET – OPEN TO THE COMMUNITY

Free wigs, hats, post mastectomy bras & breast prostheses. Every Wednesday, 10:00 am - 1:00 pm
Masks required - Proof of vaccine required for all attendees

EMBRACE MONTHLY BOOK CLUB

2nd Tuesday of the month, 5:30 - 7:00 p.m. Call 505 727 3041 for information and registration. View Website (Click on Healing Circles)

CANCER SERVICES OF NEW MEXICO

Family Cancer Retreat, Spring & Fall, call Janet Cook: 505 288 0331.

LEGAL, INSURANCE & PAPERWORK ASSISTANCE PROGRAM (LIPA)

Sonya Pierce - phone: 505 999 9764, email: LIPA@cancerservicesnm.org

FORCE (FACING OUR RISK OF CANCER EMPOWERED)

Support for those with genetic: mutations. Third Sunday, 2:00 - 4:00 pm. Lovelace Women's Hospital. Contact Lou Wilburn: atlswilburn05@aol.com Or: Kendra Montanari: kendra@facingourrisk.org

BLOOD CANCER SUPPORT GROUP

All blood cancers, men and women, all stages. Second Saturday, 9:30 - 11:00 am. This support group is on Zoom but you may call in by phone if you wish. Please register by calling: Jamie McDonald: 505-291-2006.

ALBUQUERQUE NETS (NEUROENDOCRINE/CARCINOID SUPPORT GROUP)

Terry Nelson: 505 269 4641 or nls306@aol.com.

WRITE TO HEAL ***

Free eight week writing workshop for cancer patients/survivors. Eight consecutive Tuesdays, 4:00 to 6:00 pm OR Eight consecutive Thursdays, 10:00 am to Noon. scheduled throughout the year. Sponsored by Cancer Foundation for New Mexico. Registration required. Call or text: Joanne Fay Brown, 510 181 1205 or joanne@joannebrown.com



Interested in helping other people with cancer? We're looking for bilingual Spanish speakers to offer telephone peer support for people facing cancer. We will train you. This is not for medical information or for counseling; you would be a friendly ear who understands the journey).

Please contact 505 255 0405 if you'd like to help. Thank you.

¿Interesado en ayudar a otras personas con cáncer? Buscamos hispanohablantes bilingües que han pasado por experiencia de cáncer para ofrecer apoyo telefónico a personas que ahora buscan ayuda para lidiar con él. Te entrenaremos. Esto no es para dar información médica ni para dar consejos. Usted sólo será un oído amistoso que comprenderá su jornada.

Si le gustaría ayudar por favor comuníquese al 505 255 0405. Gracias