

CANCER SUPPORT NOW INC

Newsletter



May 2016

Issue 6.2

Cancer Support Now Affiliates with Support Groups from People Living Through Cancer

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As many of you know by now, People Living Through Cancer (PLTC) shut its doors on April 15. It had been around for 33 years, and leaves a void in the cancer support community. We will be doing our best to help continue their work.

Cancer Support Now has invited their support groups to affiliate with us. This would give them the benefit of the CSN Helpline for ongoing referrals into their groups. This would also give them an organization in which to have a web presence and be on Facebook, have a newsletter to promote themselves in, a group to be a part of for conferences and other events, and to be able to have email communications with other survivor/caregiver groups.

Cancer Support Now so far has eight support groups from PLTC who have agreed to affiliate with us. They, and our other groups, are listed on pages 3-5 in this special edition newsletter.

We encourage any members of those groups to submit flyers for posting on the website or Facebook. We also ask for news items, stories about/by their members, or other communications for the cancer support community.

We hope you will participate in our Hope and Healing Honors event and Spring Survivorship Conference planning and attendance, and other events.

This is a **special edition** of the CSN Newsletter in order to get the word out about the Library, and the new support groups affiliating with us from People Living Through Cancer.

A regular edition will be published in August.

In order to make this work, everyone is needed to help provide to me articles, news, profiles, and other information. Deadlines for future issues: January 1 for February issue, and July 1 for August issue.

E-mail works best, send items to me at geraldcross@comcast.net

Thanks,
Jerry Cross
505-228-6768

PLTC Library transferred to Cancer Support Now

The online catalogue of almost 1,000 books can be seen here:
<https://www.librarything.com/catalog/CancerSupportNow>

The PLTC Library was recently turned over to Cancer Support Now.

On April 25, it was temporarily moved to the office of the Prostate Cancer Support Association of New Mexico, 2533 Virginia St NE, Suite C, 87110.

Map is at <http://goo.gl/maps/EUg9S>

For now, the CSN library is open during PCSANM office hours of 10 to 2 on Mondays and Thursdays, and by appointment. We hope to get some volunteers to get the library staffed the other week days. If you have books checked out from the library, please return them to this new location. There is a mail slot, so most smaller books could be returned when the office is closed. If in a bind to return books, contact the Editor at the information to the left.



Cancer Support Now Officers

President - Sandy Ginsburg
Vice President - Jerry Cross
Secretary - Anjanette Cureton
Treasurer - Kathi Ledford

CSN Board Members

Carmelita Agodon
Sarah Contreras
Thelma Giomi
Al Hiat
Mike Linver
Mary Mann
Mark Rupert
Denise Uzeda

Volunteers and Staff

Director of Programs Patricia Torn
Helpline/Navigator Eleanor Schick
Navigator/also in Spanish Sarah Contreras
Webmaster Runtang Wang
Newsletter Editor Jerry Cross

Cancer Support Now, Inc
PO Box 37338,
Albuquerque NM, 87176

Email: info@cancersupportnow.org

Facebook: <https://www.facebook.com/cancersupportnow>

For support and information call our Helpline at

505-255-0405 or 855-955-3500.

All CSN support services are free.

CSN Affirmation

Cancer Survivors Offering Support

We offer our presence, a presence that listens without judgment, a presence that is comfortable with silence, tears and laughter, a presence that offers encouragement. Support is just that -- being there, listening attentively, accepting moments of silence, tears and laughter, encouraging without judgment. What is the gift we have to offer a support person? We have a personal experience of cancer -- we understand and we are not afraid to be there to listen.

We live in a community where no one has to go through cancer alone, whether as survivor or caregiver, whatever their needs may be.

Mission statement: We are a community of survivors reaching out, supporting, educating, and assisting survivors, their loved ones, and caregivers

If you want to help us accomplish even more, or to serve on our Board, or to help with the Hope and Healing Honors event, the Conference in March, fundraising, or any of the support groups, just contact any of the Board Members, or email the organization at info@cancersupportnow.org

The CSN webpage, www.cancersupportnow.org has many pages of resources, other websites, articles, and documents of help to anyone.

Please like our Facebook page at <https://www.facebook.com/cancersupportnow> You do not have to be a Facebook member to see our postings, just click on the link.



**Cancer Support Now's
PEER-FACILITATED SUPPORT GROUPS**

For contact information and details on support groups,
please call the Helpline Telephone: 505-255-0405,
toll free 855-955-3500

**New groups which have transitioned over from PLTC as of
April 27, 2016 are marked with an asterisk.**

Advanced Diagnosis Group *

1st and 3rd Tuesday at 1:00PM
NE Heights

Blood Cancer Group *

For those dealing with a blood or lymphatic cancer
2nd and 4th Tuesday, 1:00-2:30PM
North Valley

Breast Cancer Group *

Every Wednesday 6:00-7:30PM
NE Heights

Coloring & Creativity *

All cancers, survivors and caregivers
TBA

Isleta Cancer Education and Support

2nd Tuesday of the month, 10:30-Noon
Isleta Health Clinic

Journaling Support Group for Family & Friends of Advanced Cancer Patients

Every Thursday, 4:00 PM to 5:30 PM
UNM Cancer Center



Cancer Support Now support groups continued

Late Afternoon Breast Cancer Group

Every other Wednesday, 5:00 PM to 6:30 PM
Carlisle and Comanche

LGBT Group *

All diagnoses, cancer survivors
1st and 3rd Tuesday, 6:00-7:30PM
NE Heights

North Valley Women's Group

Every other Thursday night, 6:30 PM to 8:30 PM
North Valley

One-on-One Cancer Caregiver Session

One time, 90-minute Session: Resources & Support for Cancer Caregivers
Scheduled individually to accommodate the needs of the caregiver
Call Patricia at 505-307-3414

One on One Peer Cancer Support

Survivors or caregivers
Call our Helpline at 505-255-0405 or Toll Free at 855-955-3500
Seven days a week, 9:00 AM to 9:00 PM

One-on-one Peer Matching

Available through Helpline at 505-255-0405 or Toll Free at 855-955-3500
Matching with a phone buddy who has dealt with a similar
diagnosis and/or challenges

Ovarian Open Arms

Third Saturday of the month, 10:30 AM
Covenant Presbyterian Church
NE Heights



Cancer Support Now support groups continued

Relaxation Support Classes

Open to cancer survivors and their loved ones
Call Jean Stouffer, certified hypnotherapist, 296-8423
For location, dates, time, and to register

Sandia Breast Cancer Group

1st and 3rd Tuesday of the month, 12:00 Noon to 1:00 PM
Sandia Base: Sandia Employees Only

Santa Fe Breast Cancer Group, “Surviving Sisters” *

2nd and 4th Tuesday, 4:00-5:30PM
Santa Fe

Survivors Writing Together

Journaling Support Group
Every Monday, 2:30-4:00 PM
UNM Cancer Center

Taos Support Groups *

Survivors (all cancers) Tuesdays, 5:00-6:30PM
Caregivers (all cancers) Mondays, 5:00-6:30PM
Sipapu St, Taos

Thyroid Cancer Group *

2nd Tuesday of the month, 6:30PM
North Valley

Prostate Cancer Support Association of New Mexico

It is an affiliated support group with CSN.
Support group meetings are held 1st and 3rd Saturdays of the month,
meetings at Bear Canyon Senior Center.
Office at 2533 Virginia St, NE Suite C Albuquerque, NM 87110
(505) 254-7784 www.pcsanm.org Email pchelp@pcsanm.org
Site for Cancer Support Now Libraey



If you, or someone you know, could help out the Board to provide an item for the Silent Auction at our Hope and Healing Honors event, we would really appreciate your help in order to make this a wonderful event, and help us raise some funds.

Cancer Support Now, Inc.
"Living Through Cancer Together"



Sponsorship Package

1st Annual

Hope & Healing Honors

To celebrate those who have played a meaningful role
in the lives of cancer survivors and caregivers.
Who are we honoring? Physicians, Nurses,
Other Healthcare Providers, Businesses, Volunteers/Individuals.

**Vision Statement: We live in a community where no one
has to go through cancer alone, whether as a survivor or caregiver,
whatever their needs may be.**

**Indian Pueblo Cultural Center
September 24, 2016**

**News Anchor Shelly Ribando, KOAT Action 7 News
Tapas/Auction/Music**

**Has cancer touched your life?
Have you been helped along the way?
Has someone been there for you - Gone the extra mile -
Provided excellent care - Been a friend - Understood -
Cared - Helped figure out medical bills -
Listened - Given a supportive solution?**

**Show your appreciation.
Show how much you care.**

**For additional information call Eleanor:
505-255-0405 or 855-955-3500
or go to
www.cancersupportnow.org**





You can just print or copy these forms, or find them on the website, to assist your Board in soliciting some fine auction items/prizes for this event.



CANCER SUPPORT *Now*

Cancer Survivors Offering Support

Hope and Healing Honors

September 24, 2016

Silent Auction Donation Form

If you are donating more than one item please copy this form and use one form per item.

Donor Information

Donor/Company Name _____

Contact Name _____ Website _____

Address _____

City _____ State _____ Zip _____

Phone/s _____ Email _____

Auction Item

Auction Item _____

Estimated Value _____ Expiration Date (if applicable) _____

~ If donation is in the form of a Gift Certificate please enclose it with this form ~

Additional Item Information (if required)

Please be as complete as possible - note restrictions, blackout periods or other helpful information.

_____ I do not have an item to donate but wish to make a tax-deductible contribution of \$_____. Please make check payable to *Cancer Support Now*. You will receive a letter acknowledging your donation.

Credit Card # _____ Exp. Date _____ Name on Card _____ CVC _____

Cancer Support Now - www.CancerSupportNow.org

Cancer Survivors Offering Support

P.O. Box 37338 ~ Albuquerque, NM 87176

info@cancersupportnow.org ~ 505.255.0405

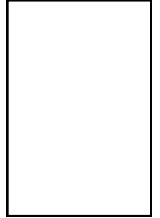
For Office Use Only

Item# _____

Solicited by: _____

Cancer Support Now is a 501(c)(3) not-for-profit organization registered through the State of New Mexico. It is recommended that you keep a copy of this form as proof of your generous donation. Please consult with your tax advisor for specific information.

Cancer Support Now, Inc
PO Box 37338
Albuquerque, New Mexico
87176



Cancer Support Now's Hope and Healing Honors

Save the Date: Saturday, September 24, 2016, 11:00 am to 3:00 pm

Location: Indian Pueblo Cultural Center

Our Hope and Healing Honors event is an opportunity for Cancer Support Now to recognize those individuals and organizations who have contributed to the well-being of patients who are receiving treatment for cancer.

All individuals in each of the following categories: physicians, nurses, business, individuals/volunteers, and healthcare services will be honored, and one in each category will be selected by a review panel, for a special award.

The Cancer Support Now event will take place at the beautiful Indian Pueblo Cultural Center in Albuquerque. Music. Entertainment. Heavy hors d'oeuvres. Silent Auction. Tickets \$65 each. Seating is limited. Sponsorships to support this valuable event are available. Spend time with us. Save the date. September 24, 2016. Full details at http://cancersupportnow.org/pdfs/hope_healing_honors.pdf

Nomination forms are available through Patricia Torn at 505-307-3714, or on our web site at <http://www.cancersupportnow.org>

We are looking for sponsors and donors of items for the Silent Auction. Please contact Cyndi Heller at 505-440-0044 or herMAHjesty@comcast.net for silent and live auction items or to discuss your sponsorship.

Committee members are Carmelita Agadon, Sarah Contreras, Cyndi Heller, Sandy Ginsburg, Thelma Gio-mi, Mary Mann, Patricia Torn.